

22 YEARS OF HEALTH *Mind, Body and Soul*

By Danielle Daggett

When Julie Dodgson fell ill in 1995, she turned to complementary and holistic therapies for help. Little did she know it would turn her life around; not only by helping her health but by inspiring her to study homoeopathy and complementary therapies, eventually opening Crossgates Bioenergetics.

Fully qualified Homoeopath and Bioresonance Practitioner, Julie and her team at Crossgates are celebrating 22 years in business!

"My approach to healing is combined with a deep, spiritual understanding that each person is unique. I'm dedicated to teaching people how to take control of their own health, mind, body and soul."

The past 22 years has seen substantial business growth and two premises moves. Starting off on a much smaller scale at Crossgates Farm in Bank Newton, the business soon required its own premises and moved to Settle in 2001. Six years ago Julie took a leap of faith once again, when she and daughter Sally purchased 'The Barn' in Gargrave, where the business is now permanently and happily settled.

Crossgates specialise in Bioresonance Hair Analysis for humans and animals - using a tiny sample of hair and a simple medical form, the high tech machines analyse the 75 million cells in your body.*

As the client base continues to grow, so does the team of health advisors

on hand to help. Julie runs the business with her brother, David Crabtree, who also makes sure all the accounts and technology is in tip top condition. Christine takes care of all the Bioresonance, human health remedies and homeopathic tinctures, alongside Naturopath and Herbalist, Rosanne and reflexologist and natural therapist, Yvonne. Vicky is a farm animal specialist and Joy is an expert in equine and small animals. Created and bottled on site by Stephen, Crossgates have a homemade range of Organic Apple Cider Vinegars, clinically proven to offer health benefits, such as aiding weight loss, reducing cholesterol, lowering blood sugar levels and more. Sally runs the Hair and Beauty Salon. Her team includes fellow beautician Alex, hair salon manager Rachel and senior stylist Jess. In-keeping with the Crossgates way, all the products used are as natural as can be. **To find out more, visit**

www.crossgateshealthhairandbeauty.co.uk

*Remedies are complementary to conventional medical treatments. Crossgates is not a medical facility and do not practice medicine in any form.

Pictured Above: Julie with her first ever customers, a farming family from Dunslop Bridge who now have Wood End Farm Alpaca Experience. To celebrate 22 years in business, Julie is offering free remedies for their new herd. Find out more at www.visitwoodendfarm.co.uk



Crossgates Health, Hair & Beauty
The Barn, 6 North Street,
Gargrave BD23 3RN

HUMAN HEALTH: 01756 749901

ANIMAL HEALTH: 01756 749444

HAIR & BEAUTY: 01756 748881

